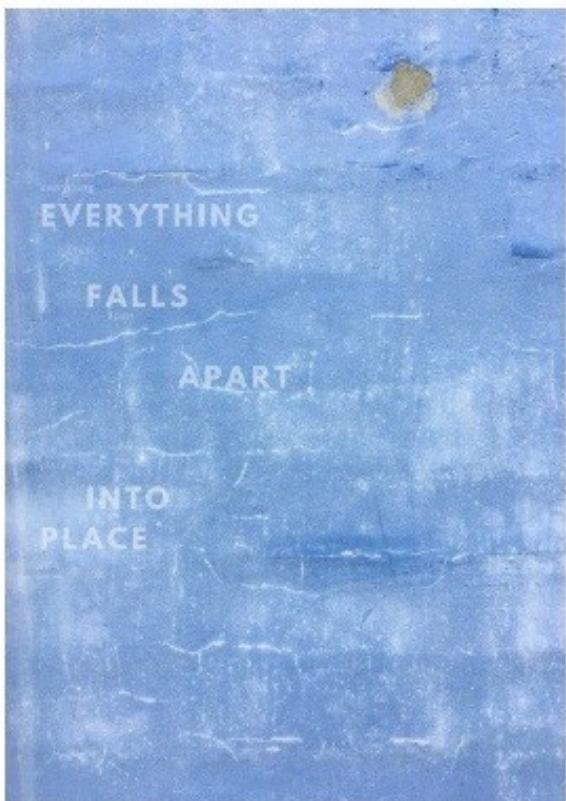
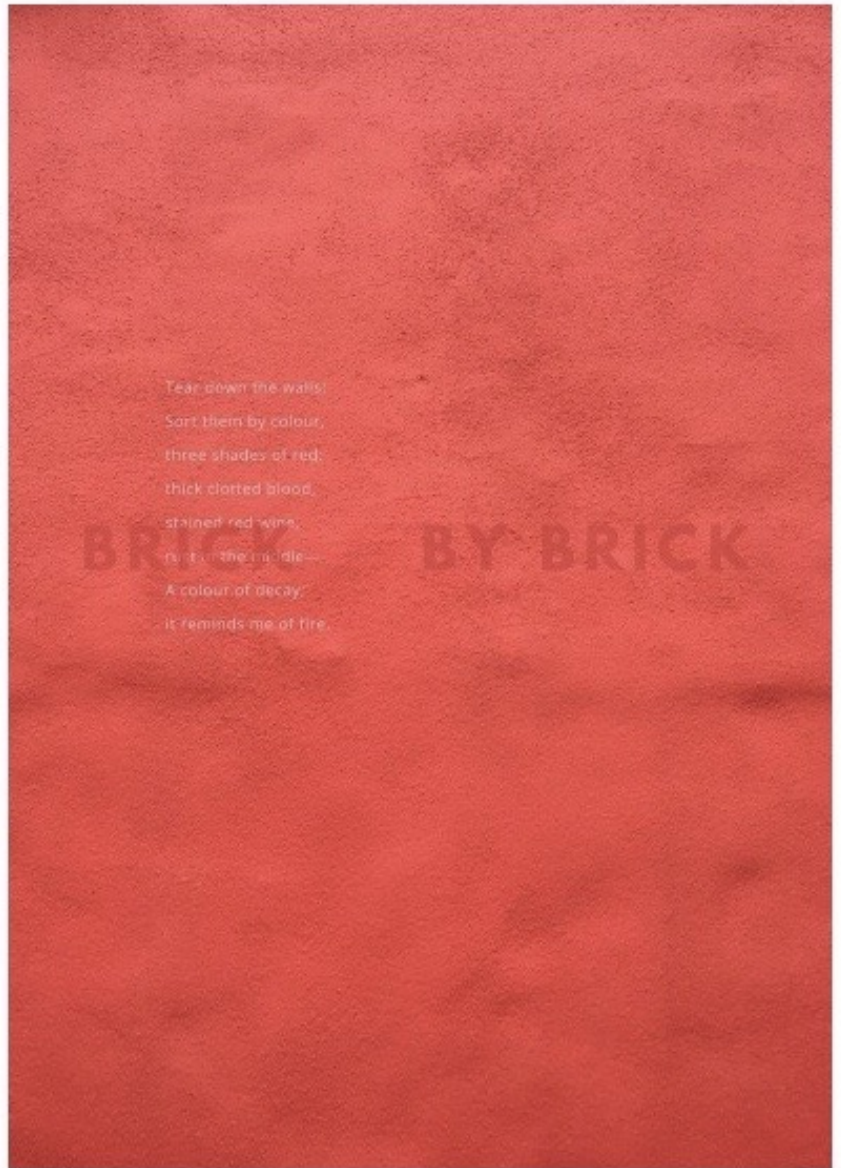
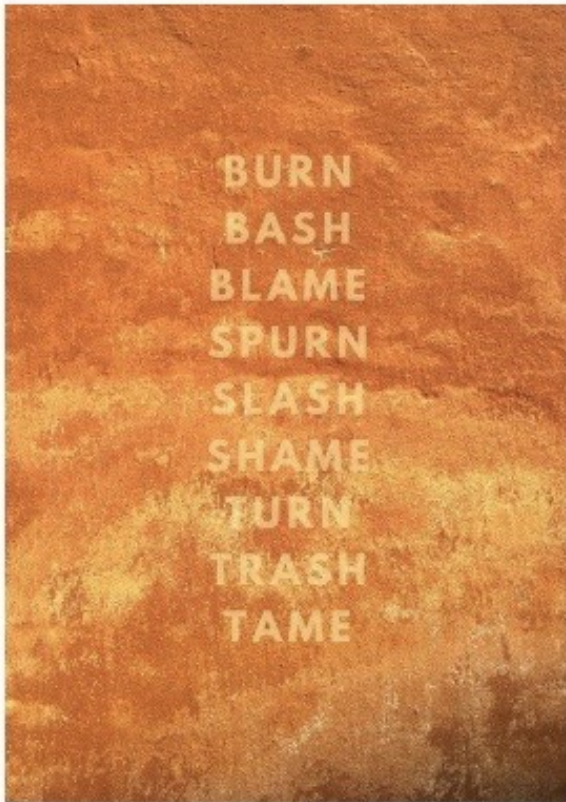


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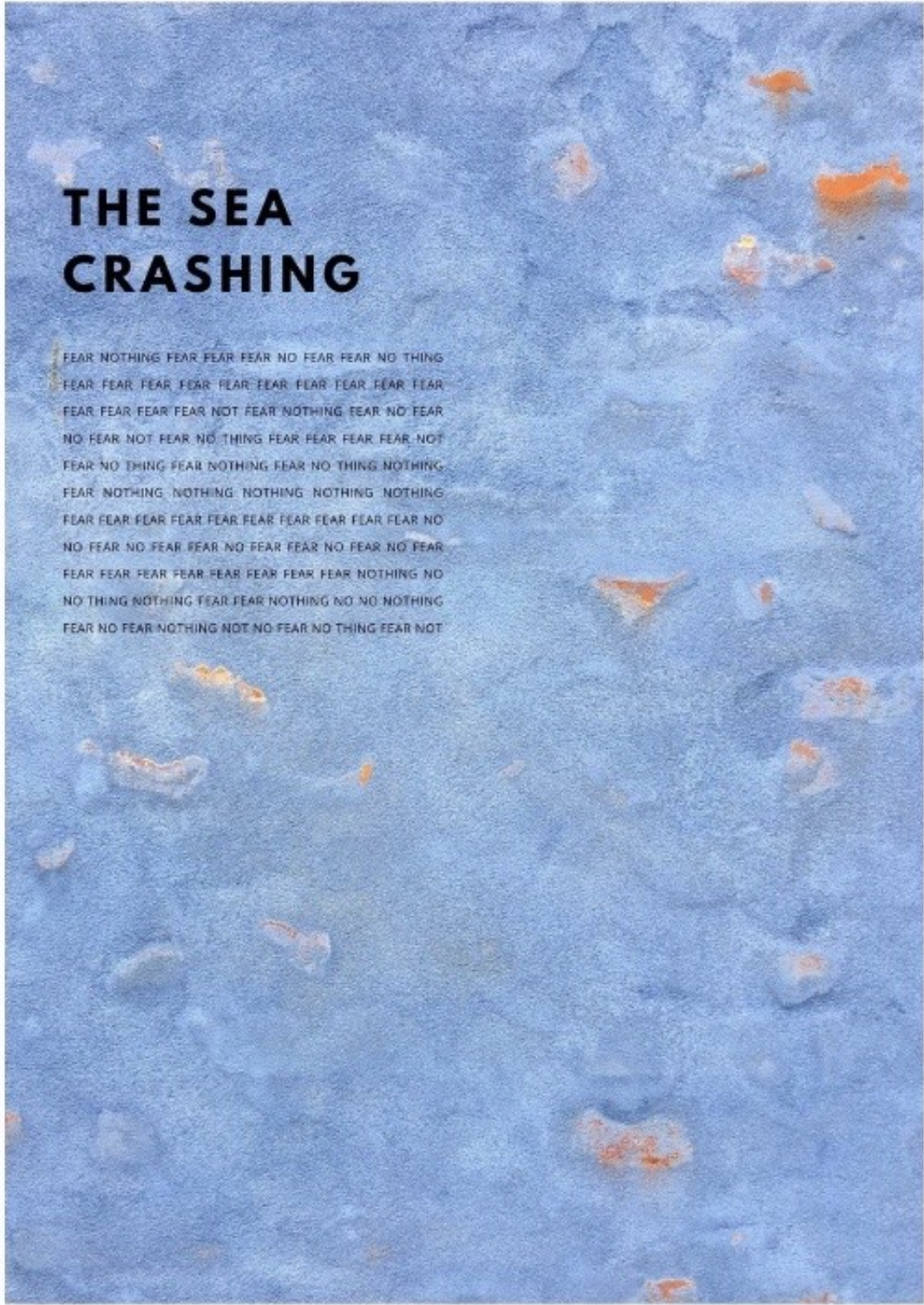


'Brick by Brick' is a series of word paintings. Each artwork consists of a poem on the backdrop of a photographed wall taken in the seaside town of Aarhus, Denmark.

Breaking down or building up; 'Brick by Brick' is a collection of poems and photographs coming together in a colorful procession of walls. These poems are for those who have found themselves lost, hit a wall, and continued to rise again. In these artworks, 'Brick by Brick' takes the reader through a contemplative and intimate journey, transporting us from facing our walls to breaking through - wild and free.

Wendy Garnier is a poet, improviser, and performer based in the seaside town of Aarhus, Denmark. Her work has appeared in Expanded Field Journal, Yellow Arrow Magazine, Margate Bookie Zine, The Wild Word Magazine, Jaden magazine by Small Leaf Press, The Beautiful Space, Peach Velvet Magazine, Defenestration Magazine, the anthology At the River's Mouth, and has been awarded the Beechmore Books Writing Competition 2021, among others.

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The Sea Crashing

“The Sea Crashing” is about walking through a wall of fear, the embodiment of feelings and finding the strength to continue.

What prevents us from achieving our goals, and how can we find the courage within ourselves when we hit a wall?
To accept and allow all our thoughts and feelings, by being willing to sit with them and let the emotions wash over us – like a wave, we realize our ability to recover, change, and keep going in the face of adversity. No matter how big or overwhelming our feelings may seem, it will not engulf us, we can handle them. Do not fear the fear.